



Gratitude Cards

When is the last time you thanked someone for something. Maybe this morning, you thanked your bus driver when you exited for school, maybe you thanked your friend when she passed you a pencil, maybe you thanked your teacher when you were given this packet. Saying thank you is a quick and easy way to show someone you are grateful for their actions. All too often, we neglect to do this simple gesture to let the people around us feel appreciated. The purpose of this assignment is to help us become aware of the opportunities we have throughout our days to be thankful and to remind ourselves to show our gratitude. Saying thank you is only a small part of this. Some people say thank you so often throughout their day that the words almost lose their meaning. While some say it so infrequently that hearing the words is better than any other form of gratitude.

Generally speaking, mostly everyone feels good when someone appreciates the things they do. With this in mind, why do you think people neglect to show their gratitude?

Assignment Steps:

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

1. Make a list of all of the things you are grateful for in your life. This list can be comprised of big life events, people or accomplishments as well as small, simple actions.

2. Think about the things you don't show your appreciation for.

Why do you think you neglect to show your appreciation?

3. Choose a person who you'd like to thank for something. Why do you feel it is important to thank this person?

What are you thanking them for?

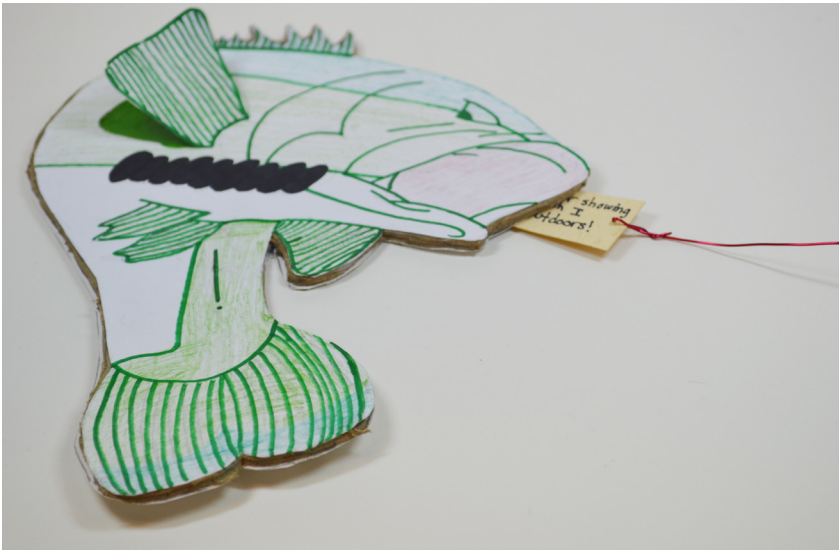
4. You will be creating a three-dimensional card for the person you are thanking. This card can be created in any artistic style that you choose. You can use photographs, magazine clippings, drawings, paintings, collaged objects, etc.

Front of Card

Brainstorm ideas for an illustration to be used that will show your person how/why he is being thanked. Use a piece of 5x7 cardstock and design ways to create actual depth in your illustration. Portions of your composition should extend outward into space and create a three dimensional plane. You will be given pieces of foam and foam core to secure your 3-D pieces to the cardstock.

Back of Card

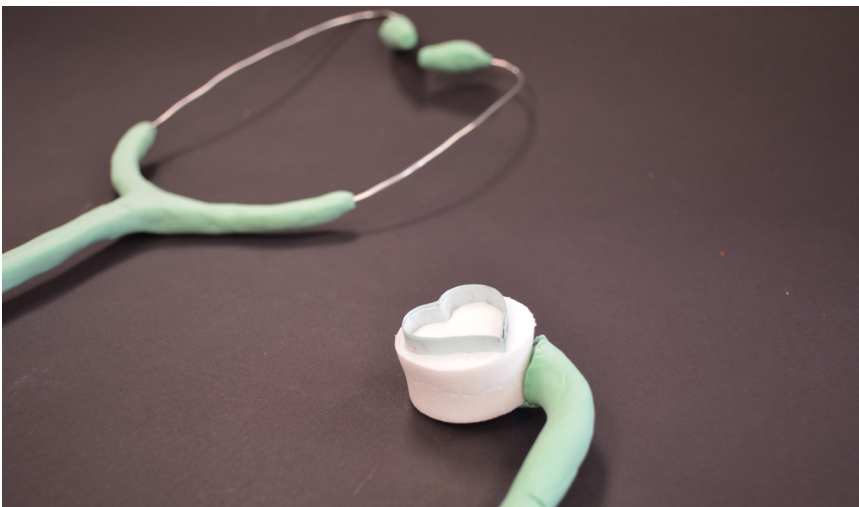
You will use decorative paper to create mystery spots within the card. Create a written expression of your gratitude to your person. You will be hiding it cleverly within the back panel of the card. You may wish to have it be found at some point, or not.



Bass Cut-out shape with fin and hidden message pull-out.



Hidden message under the stand



Stethoscope for nurse with hidden message tucked into heart shape.



Rugby jersey for sibling with hidden message in pocket.

Gratitude Card class work rubric

Skills:
How well did you use the materials?

Concepts/Ideas:
Is your work creative and original?

Effort and Participation:
Did you meet your potential?

Studio Partnership:
How well did you work in your space?

Exceeds 5

To receive a 5, the student must determine what is necessary to go “above and beyond” expectations.

95-100

Exemplary 4

90-95

Work shows attention to detail and proper use of materials.
You came up with creative and unique uses for paper. You cut, glued, and constructed well.

Work shows high level of creativity and original thought. Ideas are clearly illustrated.

Student used all class time to complete project. Student provided original input in class discussions. Student performed to the best of his/her ability.

Student set a high standard to help others and to be responsible for class supplies and materials. Student displayed excellent behavior.

Accomplished 3

80-90

Work shows some attention to detail and/or inconsistent use of materials.

Work shows creativity and original thought. Ideas are illustrated.

Student used some class time and to complete project. Student provided some input in class discussions. Student put in a solid amount of effort.

Student showed responsibility for supplies and materials and displayed good behavior.

Developing 2

70-80

Work shows little attention to detail and/or inconsistent use of materials

Work shows little creativity and some original thought. Ideas are somewhat illustrated.

Student used little class time and to complete project. Student did not participate in class discussions.

Student showed little responsibility for supplies and materials and displayed below average behavior.

Beginning 1

60-70

Work shows no attention to detail and/or improper use of materials.

Work shows no creativity nor original thought. Ideas are not clearly illustrated.

Student did not use class time wisely to complete the project.

Student was unsafe, disruptive and/or showed behavior which had a negative impact on the class studio.